



**WISH LIST FOR VAMC, LONG BEACH**

**ALWAYS NEEDED:**

Travel sized personal care items (no bar soap)  
 Toothbrushes & toothpaste  
 Shampoo  
 Body wash -- Liquid hand soap  
 Lotion  
 Chap stick (PABA free)  
 Denture cleaner -- Denture adhesive  
 Kleenex (individual packages)  
 Nail clippers (for fingers & toes)  
 Body powder  
 Shaving cream & safety razors  
 Shower shoes (flip flops)  
 White socks (all sizes)  
 Sweats (shirts & pants) (sizes med, lg & xtra lg)  
 T-shirts (sizes med, lg & xtra lg)  
 Boxer shorts (sizes med, lg & xtra lg)  
 Notepads (3x5 & 5x8), pens & pencils  
 Back scratchers  
 Back packs  
 Playing cards--puzzle books

**FOR FISHER HOUSE:**

Ground coffee, creamers liquid/dry, sugar, sugar subs)  
 Dishwasher detergent  
 Non-perishable food items  
 Granola bars/snacks  
 Paper coffee cups (prefer w/lids)  
 Paper plates, napkins  
 Fresh fruits & veggies  
 Peanut butter, jelly, jams  
 Gift cards to local restaurants  
 Liquid laundry detergent & fabric softener sheets)  
 Travel sized toiletries (soap, toothpaste, toothbrush, etc)  
 New/recent DVD's for adults & kids  
 Kitchen utensils, glassware, dishware, serving pieces  
 Digital camera for staff use  
 Aluminum foil, plastic wrap, storage bags  
 Sandwich bags  
 Telephone calling cards  
 Hand held electronic games  
 Razors, combs, brushes  
 Toilet paper (soft 2-ply)  
 Cereals  
 Kleenex (white/unscented)  
 39 gal. garbage bags

**FOR WOMEN'S HEALTH CLINIC:**

Diaper bags  
 Baby albums  
 Gift cards to Target  
 Underwear (all sizes)

**FOR PIER CENTER**

Copy paper  
 Resume paper (for vets to print out resumes)  
 Daily planners  
 Spiral notepads (3x5) for memory aid  
 White t-shirts (all sizes)

**FOR COMMUNITY LIVING CTR:** (formerly 'nursing home')

Playing cards  
 Board games  
 Craft kits  
 Individually wrapped snacks & juices