



**VETERANS AFFAIRS AND REHABILITATION**  
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*Hello Defenders,*

*February celebrates a host of holidays. In spite of our present predicament our nation faces; it's good to celebrate those close to us and remember all those who gave so much to the country we love.*

*Mash team, thank you for joining our virtual meeting Reps & Deps meeting last month. I appreciate your candor and suggestions. To our presenter, Pat Alvarez, Thank you again for bringing information from our national organization on VAR.*

*Chairmen please work closely with your unit president and officers about your work with veterans in the hospital and the community. Thank you for your mid year reports. They will be combined with your End of Year reports.*

*Think about the types of interactions that you have with the members in your unit and district. Some members may be interested in participating in local unit activities; some have the ability to participate with community based events. Please remember to recognize your members that give so much to serving our veterans and their families. Our National VAR website has vast amount information on it that will be helpful to veterans in your community. Please take time to browse through it and acquaint yourselves and your members the services available to veterans and their families.*

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